International Journal of Sport and Health Science

Submission Guidelines

1. Areas of interest
In the journal, the areas of interest are aging and health promotion, biomechanics, coaching and training, cultural anthropology, growth and development, history, management, philosophy, pedagogy, physiology, psychology, sociology, test and measurement.

2. Responsibility of author(s)
Corresponding author is responsible for any statement of article published in the journal. Care should be taken in any experiments involving human and animal subjects so as to protect the rights of the humans and avoid the cruelty to the animals. Articles submitted for publication should explicitly include any description which complies with such ethical considerations.

3. Qualifications
3.1. Qualifications of the contributors
Anyone, member or non-member of this society, can submit a manuscript to the journal.

3.2. Papers to be submitted
Submitted manuscript must not have been published previously and be written without infringing the copyrights of others.
However, the papers that have been published in Japan Journal of Physical Education, Health and Sport Sciences can be accepted as secondary publications, if the requirements shown in 3.3. are fulfilled.

3.3. The definition and collateral requirements in secondary publication
3.3.1. The definition of secondary publication is that Japanese papers which have been published in Japan Journal of Physical Education, Health and Sport Sciences are re-written in English, and submitted to and published in IJSHS.
3.3.2. Authors should obtain permission from the editorial boards of both journals before submitting a manuscript for the secondary publication.
3.3.3. Papers which published in Japan Journal of Physical Education, Health and Sport Sciences after March 2003 (first publication of IJSHS) can be submitted for secondary publication.
3.3.4. For the secondary-publication submission, at least 1 week need to be past after online release as Advance Publication of the papers in Japan Journal of Physical Education, Health and Sport Sciences.

3.3.5. The papers for secondary publication need correctly to reflect the purpose, results and discussion of the original papers.

3.3.6. The information of the original paper has already been published in Japan Journal of Physical Education, Health and Sport Sciences (volume, issue) must be included in the footnote of the title page in the secondary publication.

4. Types and research contents of submitted articles

4.1. Types
The journal welcomes submissions of the following article types: review, paper, case study, brief report, and letters to the editor-in-chief.

4.2. Maximum length
Review — 8 pages (up to 8 tables and figures)
Paper — 6 pages (up to 6 tables and figures)
Case Study — 4 pages (up to 4 tables and figures)
Brief Report — 3 pages (up to 3 tables and figures)
Letters to the Editor-in-Chief — 2 pages (up to 2 tables and figures)

For counting the length of an article, it should include title, abstract, text, references, tables and figures. 730 words without tables and figures approximately equal the content of 12 double-spaced manuscript pages.

4.3. Review:
Includes author’s unique opinion as well as a summary of researches all over the world on a particular subject.

4.4. Paper:
The paper which provides new concepts and findings and draws a clear conclusion through reasonable demonstration will be appropriate for publication in this journal.

4.5. Case Study:
Case study should describe specific cases that provide relevant information and the scientific implications over the IJSHS research area.

4.6. Brief Report:
Brief report should present the newsworthy data being published in spite of an uncompleted research, or new interpretations of old data, simple new techniques or devices, or points of historical
interest in the IJSHS research area.

4.7. Letters to the Editor-in-Chief:
Letters to the Editor-in-Chief will provide opinions that promote constructive discussion or report important information regarding papers published in IJSHS within the past 12 months.

5. Language and units used in article(s)

5.1. Language
Manuscripts should be submitted in English.

5.2. Units
The International System of Units (SI) is preferable, but the centimetre-gram-second system (CGS) is acceptable.

6. Submission

6.1. Submission of an article
6.1.1. If English is not your first language, it is preferable for manuscripts to be checked by English native(s) prior to submission.
6.1.2. The editorial board of IJSHS requests author(s) to use the online submission and review system, J-stage.
6.1.3. The editorial committee may ask for submission of explanatory notes written in Japanese in addition to the manuscripts written in English.
6.1.4. The Guidance for Submission is defined elsewhere.

6.2. All inquiries should be sent to:
Secretariat, International Journal of Sport and Health Science, Kishi Memorial Hall
1-1-1 Jinnan, Shibuya-ku, Tokyo 150-8050 JAPAN
E-mail: ijshs@taiiku-gakkai.or.jp

7. Review of an article

7.1. Reviewing
Any submitted article will be reviewed by the editorial committee. Note that the reviewing process is based on peer review.

7.2. Receipt and acceptance date of manuscript
The date of receipt will be the date at which the manuscript is submitted online.
The acceptance date of the manuscript will be the date at which the manuscript is accepted by the editorial committee.
The accepted article will be subject to proofreading by the editorial committee.

**8. Charges**
For publication, no charges are levied on author(s).

**9. Copyright**
All copyrights of the articles published in the journal (including Copyright Law of Japan Article 27. and 28.) belong and transfer to Japan Society of Physical Education, Health, and Sport Sciences. Each author takes responsibility for any statements in the article.