

**STANDING UP  
TO SEDENTARY BEHAVIOR**

# **SEDENTARY BEHAVIOR AND HEALTH CONFERENCE**

Be a **Voice of Movement**



**25<sup>th</sup>-27<sup>th</sup>  
Sept 2014**

**Venue:**  
University of  
Illinois at Urbana-  
Champaign

“People who stand up and simply move around more have healthier blood fat and blood glucose levels than those whose sitting time is not broken by these transitions.” - Neville Owen

**To register, visit:**

[www.SedentaryConference.com](http://www.SedentaryConference.com)

