



SRI SRI
UNIVERSITY
LEARN • LEAD • SERVE

ICPESS 2026

THEME: "ONE NATION, ONE CADRE, ONE GOAL – A UNIFIED VISION FOR THE ADVANCEMENT OF PHYSICAL EDUCATION AND SPORTS EXCELLENCE"

(INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION AND SPORTS SCIENCE)

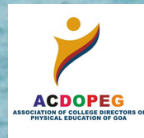
JOINTLY ORGANIZED BY

Rosary College of Commerce and Arts, Navelim, Salcete - Goa, India

**Indira Gandhi National Tribal University, Regional Campus Manipur,
Manipur, India**

Sri Sri University, Cuttack, Odisha, India

IN COLLABORATION WITH



National Association of Physical Education and Sports Science (NAPESS)

Association of College Directors of Physical Education of Goa (ACDOPEG)

Physical Education Foundation of India (PEFI)

VENUE

Rosary College of Commerce and Arts, Navelim - Goa

Date: 12th to 14th February 2026

SUPPORTED BY



1ST ANNOUNCEMENT

PATRON



Prof. Byomakesh Tripathy
Vice-Chancellor
IGNTU-RCM, Manipur



Rev Fr. Gabriel Coutinho
Administrator
Rosary College of Commerce and Arts
Navelim, Salcete - Goa



Prof. Ng. Ngalengnam
Director
IGNTU-RCM, Manipur



Prof. (Dr.) Tirthankar Ghosh
Dean-FHW, Sri Sri University



Prof. Helic M. Barretto
Principal
Rosary College of Commerce and Arts
Navelim, Salcete - Goa



Prof. P. C. Reddy
Chief Patron of NAFESS and
International Coordinator



Prof. Dr. P. Ravi Kumar
President- NAFESS



Dr. A. K. Uppal
Chairman- PEFI



Dr. Piyush Jain
National Secretary- PEFI
Governing Body Member-
SAI



Prof. Dr. Oleksandr Krasilshchikov
High Performance Sports Consultant
(ELMS) , Malaysia



Dr. Sunny R. Kanekar
President- ACDOPEG



Prof. Olha Borysova
Vice-Rector for Scientific and
Pedagogical Work National University
of Ukraine on Physical Education and
Sport, Doctor of Science

PRE-CONFERENCE WORKSHOP

Pre-conference workshop:

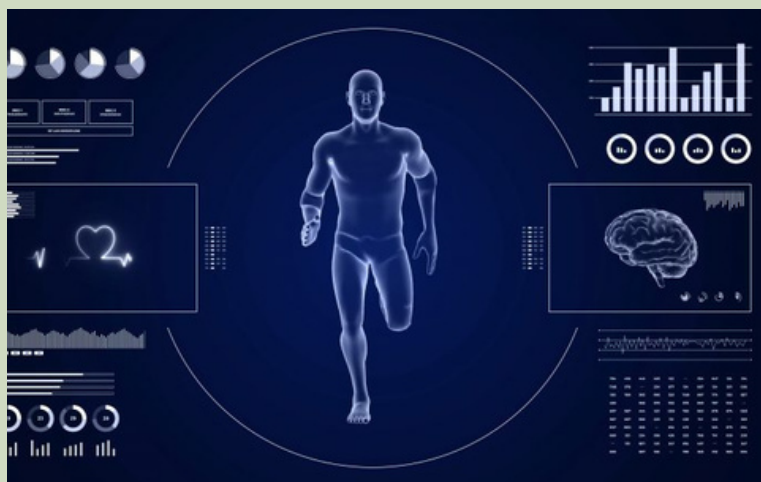
1. Sports technology and data analysis
2. On-field sports injury management
3. Diabetes and physical fitness
4. Sports ergonomics and osteopathy

DATE: 11th February 2026

TIME: 3.00 p.m. to 6.30 p.m.

VENUE: Rosary College of Commerce and Arts, Navelim, Goa

Registration fees: Rs. 500/- per delegate



Rosary College of Commerce and Arts

Navelim, Salcete-Goa

Rosary College of Commerce and Arts was established by the Archdiocese of Goa and Daman in June 1990. The College is managed by the Diocesan Society of Education and is a minority institution under article 30 (1) of the Indian Constitution. The College has made strident progress in the last 30 years and has helped many students live their dreams! Right from its genesis, Rosary College has made quantum leaps in progress whether it is the recent re-accreditation with an A-grade with a CGPA of 3.21 on a 4-point scale by NAAC, the quality of education imparted, the professional success of its alumni or the fact that Rosary College was the Goa University Sports Champion College for five years. Rosary College offers five Under Graduate Programs in Commerce, Arts, Bachelor of Computer Application, Bachelor of Business Administration, Bachelor of Business Administration(Travel & Tourism) and Post Graduate Course in Commerce and PhD in Commerce and Economics affiliated to Goa University.

इंदिरा गाँधी राष्ट्रीय जनजातीय विश्वविद्यालय, अमरकंटक

Indira Gandhi National Tribal University, Amarkantak

(A Central University established by an Act of Parliament)

The Indira Gandhi National Tribal University, Regional Campus Manipur (IGNTU-RCM) was established in 2009 as a Regional Centre of IGNTU, Amarkantak, M.P., The campus of IGNTU-RCM is located in the green and picturesque village of Makhan (Kangpokpi District) which is 25 kms from Imphal. The campus is presently being undertaken in the 301 acres large area of land allocated by the Government of Manipur. The campus presently has six departments viz. Departments of Political Science, Sociology, Social Work, Tribal Studies, Computer Science and Physical Education offering Master Degree Programmes. The campus is also offering Ph.D. course in Political Science, Social Work, Computer Science and Physical Education.

The Department of Science was established in July 2017 and initially offered a three-year Master of Computer Applications (MCA) programme at the postgraduate level. The department also offers a Doctor of Philosophy (Ph.D.) in Computer Science. The Department of Physical Education was established in January 2019 and began with a two-year Master of Physical Education and Sports (MPES) programme at the postgraduate level. It also offers a Doctor of Philosophy (Ph.D.) in Physical Education.

Sri Sri University, Cuttack, Odisha

Sri Sri University, Bidyadharpur Aril Ward No. 2, Cuttack, Odisha-754106, (Hereinafter referred to as SSU) a State Private University established by Sri Sri University Act-2009 by Odisha State Legislative Assembly, has been founded by His Holiness Gurudev Sri Sri Ravi Shankar Ji, a global humanitarian and thoughtful leader in Yoga and Meditation. The University - a Pioneer academic institute in India offered value-based education that combines Western innovations with the ancient values and wisdom of the East. Sri Sri University offers education in the field of Nursing, Management, Yogic Science, Science, Governance, Agriculture, Architecture, and Doctoral Studies and has championed bringing in creative innovation through research and field practices. SSU aims to Learn, Lead and Serve through holistic education for national and international students in smoke-free, drug-free, and alcohol-free campuses from 2012. Sri Sri University is recognized by NAAC with "A" grade, UGC, AICTE, Ministry of HRD, Government of India, and Government of Odisha.

The Faculty of Health & Wellness (FWW) in Sri Sri University provides the ground for the holistic development of our students. The rigorous academic environment is combined with an experiential understanding of the mind through yoga and meditation, equipping the students with the domain knowledge, soft skills, and internal resources required to serve their patients with compassion and dedication.

National Association of Physical Education and Sports Science

About the National Association of Physical Education and Sports Sciences (NAPESS), NAPESS is an authentic Professional Body in the field of Physical Education and Sports Sciences duly accredited by the International Council of Health, Physical Education, Recreation and Sports Sciences. This professional body with a tradition of more than three decades strives to serve the cause of Physical Education and Sports Sciences with a vision to develop quality professional growth. At present, its roots are spread all over India and abroad. It has nine overseas, eight institutes and one thousand three hundred life members. Having started with 120 Life Members in 2004, the organization has since attracted 12 Institutional Members, 14 Overseas Life Members, and 1,420 Indian Life Members to date. During its 28 years of existence, under its aegis, 15 International and 21 National conferences have been organized across various states in the country, where a total of 1,600 scientific research papers were published. The organization maintains academic exchange programs with the Japan Society of Physical Education, Health and Sports Sciences (JSPEHSS), the World Physical Education Alliance (WPEA), the University of Technology, Malaysia, and Thaksin University, Thailand. To date, many scholars have visited and presented their research papers at the following international conferences:

- 14 Members at the 5th Asia Pacific Conference (ACPESS), Shanghai, China
- 12 Members at the Sports Science Conference, Malaysia
- 26 Members at the Japan Society of Physical Education, Health and Sports Sciences Conference, Japan
- 7 Members at the World Physical Education Alliance Conference, Egypt

Association of Directors of Physical Education Goa

The Association of College Directors of Physical Education of Goa (ACDOPEG), established in 2019 and incorporated as a registered association in 2020, is the society representing those practicing the field of physical education and sports management. The ACDOPEG strives to advance the science and practice of Physical Education, Sports Management and its allied fields in affiliated colleges of Goa University in specific and state of Goa in general. It aims to maintain a high ethical standard among its members, and to foster physical education, sports sciences, sports management and its allied areas. The basic mission of the ACDOPEG is "to promote research studies and discussion on academic matters and policies pertaining to Physical Education, Sports Sciences, Yoga and Yogic Sciences, fitness and Conditioning, Sports Coaching and Coaching Sciences, Leisure and recreation, Physically Active Life Style, Sports Law and Arbitration, Sports Marketing and Merchandising, Sports Journalism, Sports Event Management and Sports Management." The All Goa Council of Physical Education is an association of schools and higher secondary's from Goa. The association is formed with an objective to promote art, culture and sports activities among teachers, to recognize the achievements of fellow members, to look after the welfare of fellow colleagues, to conduct seminars, courses, training programmes and competitions for the benefit of the members and citizens.

Physical Education Foundation of India (PEFI)

The Physical Education Foundation of India (PEFI), a National Sports Promotion Organization recognized by the Ministry of Youth Affairs and Sports and recipient of the Rashtriya Khel Protsahan Puruskar 2024, is dedicated to advancing sports and physical education in India. Through strong policy advocacy, grassroots programs like "Empowering the Champions," and support for over 120 athletes, PEFI promotes inclusive athlete development, education, and community engagement. With representation in key national committees, 22 state chapters, and over 80,000 members, PEFI is committed to building a sustainable sports culture and positioning India as a global sports powerhouse.

OBJECTIVE OF THE CONFERENCE

The key intention of the International Conference on Physical Education and Sport Sciences organized by Rosary College of Commerce & Arts, Navelim, in collaboration with other partners is to provide opportunity for the global participants to share their ideas and experiences in person with their peers from different parts of the world. The Conference focuses on the strategies, challenges and choices in the revival of modern sports. It brings together scientists, sports persons, decisions makers and executives from across the globe to share research approaches, methods and results in addition this gathering will help the delegates to find International collaboration in future and in their career. We hope that the outcomes of the conference will lead to significant contribution to the National Education Policy 2020.

TOPICS FOR THE CONFERENCE

Exercise and Sports Physiology	Physical Education	Sports Training Method	Health Education (Mental & Physical)	Innovations in Sports Technology	Globalization and Sports
Nutrition and Diets Science	Education in Sports	Sports and Tourism	Rehabilitation of Sports Injuries	Khelo India and its Impact	Effect of COVID-19 pandemic
Nomenclature and Norms of Physical Education Teacher	Professional Priorities and Challenges	Modern Lifestyle and its effect on well being	Sports Sociology	Sports Psychology	Syllabus of B.P.Ed. and M.P.Ed.

SUB-TOPICS

- Inter University Organization
- Government funding tournament and activities in sports for colleges and University
- Olympic games, Asian games, World cup
- UNESCO
- World Health Organization (WHO)
- World University games/ University games
- Sports and Peace



ORGANIZING COMMITTEE

ORGANIZING SECRETARY

- **Dr. Francis Lobo**, College Director of Physical Education, Rosary College of Commerce & Arts Navelim, Goa

JOINT ORGANIZING SECRETARY

- **Dr. T. Prabhakar Reddy**, Assoc. Professor, IGNTU RCM, Manipur
- **Dr. Subrata Dey**, Asst. Professor, FHW, Sri Sri University, Odisha

MEMBERS

- **Prof. Nita Bandopadhyay**, Secretary NAPCESS
- **Dr H.B.Kemparaj**, Treasurer NAPCESS

ADVISORY COMMITTEE

- **Prof. (Dr.) P .Chinnappa Reddy**, Chief Patron and International Coordinator, NAPCESS
- **Prof. (Dr.) Tirthankar Ghosh**, Dean FHW, SSU
- **Dr. Piyush Jain**, National Secretary, PEFI
- **Prof Sanjoy Das**, IGNTU-RCM, Manipur

SCIENTIFIC COMMITTEE

- **Dr. Nilima Deshpande**, Hon. Professor, FHW, SSU & Sr. Coach (Retd.), SAI, NIS Patiala
- **Prof. P. P. S. Paulkumar**, Vice President, NAPCESS
- **Prof. Benu Gupta**, Vice President, NAPCESS
- **Mr. Pankaj Kumar**, High-Performance Nutritionist, PEFI
- **Dr. Jigisha Patel**, Asst. Prof., FHW, SSU
- **Dr. Arijit Chakroborty**, Asst. Prof., NSU, Manipur
- **Dr. Lorraine Gomes**, Asst. Prof., Rosary College
- **Mr. Salman Khan**, Asst. Prof. Rosary College

REGISTRATION COMMITTEE

- **Mr. Raunak Naik**
- **Mr. Afton Pereira**

CATERING COORDINATION TEAM

- **Ms. Smita Naik Fernandes**, Assoc. Prof, Rosary College
- **Ms. Jyoti Naik**, Asst. Prof., Rosary College

REMEMBERING WITH CHERISHED MEMORIES



Late Dr. Biswajit Basumatary
Former Dean of LNIPE, NERC
Guwahati



Late Prof. Jayshree Acharya
Former Professor & Dean of
Academics NSU, Manipur



Late Prof. (Dr.) Sureshkutty K.,
Former Professor, School of
Physical Education and Sports Sciences,
Kannur University, Kannur



Late Dr. Jayesh Churi
Former Secretary -NAPCESS-
Goa



Late Dr. Jose T.P.
Former College Director
of Physical Education



Late Mr. Manoj Dutta
Former Dy. Registrar,
University Silchar, Assaam

IMPORTANT DATES

Registration Starts	: 15 th July 2025 onwards
Submission of Abstract	: 30 th October 2025
Acceptance Notification of Abstract	: 30 th November 2025
Submission of full papers for Publication	: 10 th January 2026
Last Date for Registration	: 15 th January 2026

REGISTRATION FEE

Category	Particulars	Early registration fee upto 15/01/2026	Late registration fee after 15/01/2026
Students and Research Scholars	Registration	₹ 2,000/-	₹ 3,000/-
	Registration + Accommodation	₹ 5,000/-	₹ 6,000/-
Local delegates/Institutional Delegates	Registration	₹ 2,000/-	₹ 3,000/-
	Registration + Accommodation	₹ 5,000/-	₹ 6,000/-
Delegates from joint organizers and associate partners (IGNTU, SSU, NAPESS, PEFI, ACDOPEG)	Registration	₹ 3,500/-	₹ 5,000/-
	Registration + Accommodation	₹ 8,000/-	₹ 10,000/-
National Delegates	Registration	₹ 4,000/-	₹ 5,000/-
	Registration + Accommodation	₹ 8,500/-	₹ 10,000/-
International Delegates Registration	Accommodation(Twin sharing)	\$ 200	\$ 300
	Accommodation (Single)	\$ 250	\$ 350
Accompanying Person	Accommodation and Breakfast	International Delegate \$ 350/-	
		National Delegate	₹ 5500/-

Registration Link : <https://forms.gle/W1YFUarJzpSdy2oh6>

CONFIRMATION OF REGISTRATION

- On receipt of your registration form along with payment proof, the registration will be confirmed by e-mail. In case you have not received the e-mail, please get in touch with the Organizing Secretary and Joint Organizing Secretary.

KEY HIGHLIGHTS

- Accommodation from 11th to 14th February 2026 noon for delegates opting for boarding.
- Check In 11th February 2026.
- Check out 15th February 2026, 10.00 a.m.
- Rooms - twin sharing, triple occupancy & dormitory.
- Outstation delegates will be provided breakfast and lunch.
- Breakfast and lunch during the session for locals delegates.
- Conference Folder.

ON SITE REGISTRATION

- Delegates may also get themselves registered on the spot provided seats are available. Late fee will be charged as per the availability of the rooms. The registration office will be located at Rosary College, Navelim.

PUBLICATION AND POSTER PRESENTATION

ABSTRACT / PAPER SUBMISSION GUIDELINES (ORAL & POSTER)

- The contents of abstract should include background, objectives, methods, results and conclusions under these headlines.
- The title should be in capital and in bold followed by name of authors (with first name first, then middle name followed by family name) and their institutional address along with the email address of the corresponding author.
- Do not append degrees, professional designations, etc to names. The name of presenting author should be underlined.
- The abstract should be typed using Microsoft Word (Times New Roman, font size 12 and 1.5 point spacing between lines, limit 500 words).
- Abbreviations used in the body of an abstract should be defined at their first mention in the text.
- Abstract should be submitted mailed at international.conf@rosarycollege.ac.in
- Abstract will be considered for the publication only if the presenting author has registered for the conference.
- Normally only one paper is allowed per author, unless prior permission of organizers is taken.
- If an abstract is accepted and Presenter does not --register, the abstract will be withdrawn.
- The last date for submission of abstract is 30th October 2025.
- Selected papers will be published in Scopus/ Web of Science index or Peer review journal with additional charges.

AWARDS AND PRIZES FOR ICPESS 2026

- ICPESS has instituted various awards under different categories.
- Those interested to apply for the jury awards should send their papers in Microsoft format (Times new roman, font size 12) and must be accompanied by a duly filled in declaration form.
- The soft copies of the manuscripts for the jury award should be mailed at international.conf@rosarycollege.ac.in
- Registration is mandatory to be eligible for the awards enlisted below.*



**BEST SCIENTIFIC PAPER
PRESENTATION
AWARD- ORAL**



**BEST SCIENTIFIC
PRESENTATION
AWARD- POSTER**



**JURY AWARD
BEST JUNIOR SCIENTIST
LIFETIME
ACHIEVEMENT AWARD
BEST PERFORMANCE IN SPORTS
PROMOTION AND DEVELOPMENT**

ABOUT GOA

Goa is a coastal state in western India, known for its beaches, rich history, and diverse culture. It's the smallest state in India and has a population of approximately 1.7 million. Goa was once under Portuguese rule for about 450 years, which has left a distinct influence on its architecture, cuisine, and culture. Today, it's a popular tourist destination, attracting visitors from around the world with its beautiful beaches and historical landmarks.

PANAJI the capital of Goa, is a vibrant city where the traditional and the contemporary co-exist in harmony. The city, with its picturesque setting, vibrant culture and heritage, rich biodiversity and growing economy, is an international tourism hotspot. Events organized in and around the city like the carnival, the International Film Festival of India, the Sunburn Music Festival, the wine festival and others, attract many international tourists. The economic base of Panaji is formed by tourism, which can be categorized under hospitality, restaurants, trade and commerce. The city is a major trading center for agricultural products and other commodities among the neighboring cities. It also serves as the educational and medical hub for the district.

MARGAO is the second-largest city in Goa and serves as the commercial and cultural hub of South Goa. It's a bustling city with a mix of modern and traditional influences, known for its vibrant markets, Indo-Portuguese architecture, and proximity to some of Goa's famous beaches. Margao is the administrative headquarters of South Goa and Salcete sub-district.

TOURIST ATTRACTIONS IN GOA

BEACHES : Colva (6 Kms from Margao), **Miramar** (3 kms from Panaji), **Dona Paula** (7 kms from Panaji), **Vagator** (21 kms from Panaji), **Agonda Beach** (39 kms from Margao), **Palolem** (39 kms from Margao).

TEMPLES: **Shri Mahadeva Temple** at Surla (53 kms from Margao), **Shri Mangueshi Temple** at Ponda (24 kms from Margao), **Shri Saptakoteshwar Temple** at Narve (18 kms from Panaji), **Shri Kamakshi Temple** at Shiroda, Ponda (16 kms from Margao).

CHURCHES: **Old Goa Complex of Ancient Churches and Convent** (15 kms from Panaji), **Church of Our Lady of the Immaculate Conception** at Panaji, **Church of Our Lady of the Mount** at Goa Velha(13 kms from Panaji), **Mae De Deus Church** at Saligao (11 kms from Panaji).

MOSQUES: **Jama Masjid** at Sanguem (25 kms from Margao), **Safa Mosque** at Ponda (29 kms from Panaji), **Surla Taar Mosque** at Surla(28 kms from Panaji) **Namazgah** at Bicholim (24 kms from Panaji).

WILD LIFE SANCTUARIES: **Bondla** (55 kms from Panaji), **Cotigao** (60 kms from Panaji) in Canacona Taluka, **Salim Ali Bird Sanctuary** situated on Chorao Island near Panaji.



POST-CONFERENCE 14/02/2026

CARNIVAL PARADE: 5.00 PM TO 6.00 PM

CRUISE DINNER PART: 7.30 PM TO 10.30PM

Whats Included

Live DJ music
Couple Dance
Starter & Drinks
Traditional Dance
Veg/ Non Veg Buffet
Complimentary Mojito



PER PERSON
₹1000

CONFERENCE VENUE

Rosary College of Commerce and Arts
Navelim, Salcete - Goa



Venue From	Distance
Madgaon Railway Station	1.7 km
Margao Bus Stand	4.7 km
Dabolim Airport	29 km
Panjim	37 km
Manohar International Airport, Mopa	65 km

Accommodation Venue for Local and Research Scholars : St. John Paul II Complex, Borda, Margao- Goa
(Capacity is limited to 40 participants)

100 rooms available on first come first serve basis for other Delegates

PAYMENT DETAILS

The registration and paper publication fees are to be paid through NEFT, the account details are as follows :-

Name of the Bank : **Union Bank of India**
Branch : **Navelim, Salcete- Goa**
Account Number : **520101031808571**
IFSC Code : **UBIN0920835**
MICR Code : **403026064**

CONTACT

Administrator:

Rev. Fr. Gabriel Couthino

Rosary College of Commerce & Arts

Navelim, Salcete, Goa - 403707

Ph.+91 9881810770

Principal:

Prof. Helic M. Barretto

Principal@rosarycollege.org

Rosary College of Commerce & Arts

Navelim, Salcete, Goa - 403707

Ph.+91 9422387629

Conference organizing secretary:

Dr. Francis Xavier Lobo

College Director of Physical Education

Rosary College of Commerce & Arts

Navelim, Salcete, Goa - 403707

Ph.+91 9422448105

Any queries:

Asst. Professor Subrata Dey

Sri Sri University,

Odisha

subrata.physiology@gmail.com

Ph.+91 7687041310

Dr. Prabhakar Reddy

Assoc. Professor IGNTU-RCM,

Manipur

drprabhakar.reddy@igntu.ac.in

Ph.+91 98488 31131

Prof. Nita Bandyopadhyay

Prof. In Physical Education

University of Kalyani, West Bengal

nitabandyopadhyay@gmail.com

Ph.+91 8145418307

Dr. Manoj Hede

College Director of Physical Education,

Kare College of Law, Margao

manoj.hede@vvm.edu.in

Ph.+91 9822127878

Mr. Aron Pereira

College Director of Physical Education,

Government College of Borda

junioraaron11@gmail.com

Ph.+91 9545073596

Mr. Pankaj Kumar

Sports Scientist, PEFI

pankaj.pefi@gmail.com

Ph.+91 8700150687

Conference Email ID: international.conf@rosarycollege.ac.in

